



Advanced Heart and Vascular Medicine

Diagnostic and Interventional Cardiology
1631 11th St, Suite A, Wichita Falls, TX 76301
(Office) 940-263-3003 (Fax) 940-263-3009

Self-Assessment & Screening

History

Have you ever had varicose veins?

-Varicose veins are large, bulging veins, as opposed to spider veins, which are thin, branching veins just beneath the skin's surface.

- Yes
- No

Signs and Symptoms

Do you experience any of the following signs and symptoms in your legs or ankles?

- Leg pain, aching or cramping
- Burning or itching of the skin
- Leg or ankle swelling, especially at the end of the day
- 'Heavy' feeling in legs
- Varicose veins
- Skin discoloration or texture changes, such as above the inner ankle
- Open wounds or sores, such as above the inner ankle
- Restless legs

Risks Factors

Has anyone in your blood related family ever had varicose veins or diagnosed with chronic venous insufficiency or venous reflux?

- Yes
- No

Have you had any treatments or procedures for vein problems?

- Yes
- No

Do you stand for long periods of time, such as at work?

- Yes
- No

Do you frequently engage in heavy lifting?

- Yes
- No

Have you ever been pregnant?

- Yes
- No

Name.....Date.....Primary Physician.....

I would like to be contacted for further venous assessment? Yes.... No....